

Overview of Personal Effectiveness

个人效能介绍

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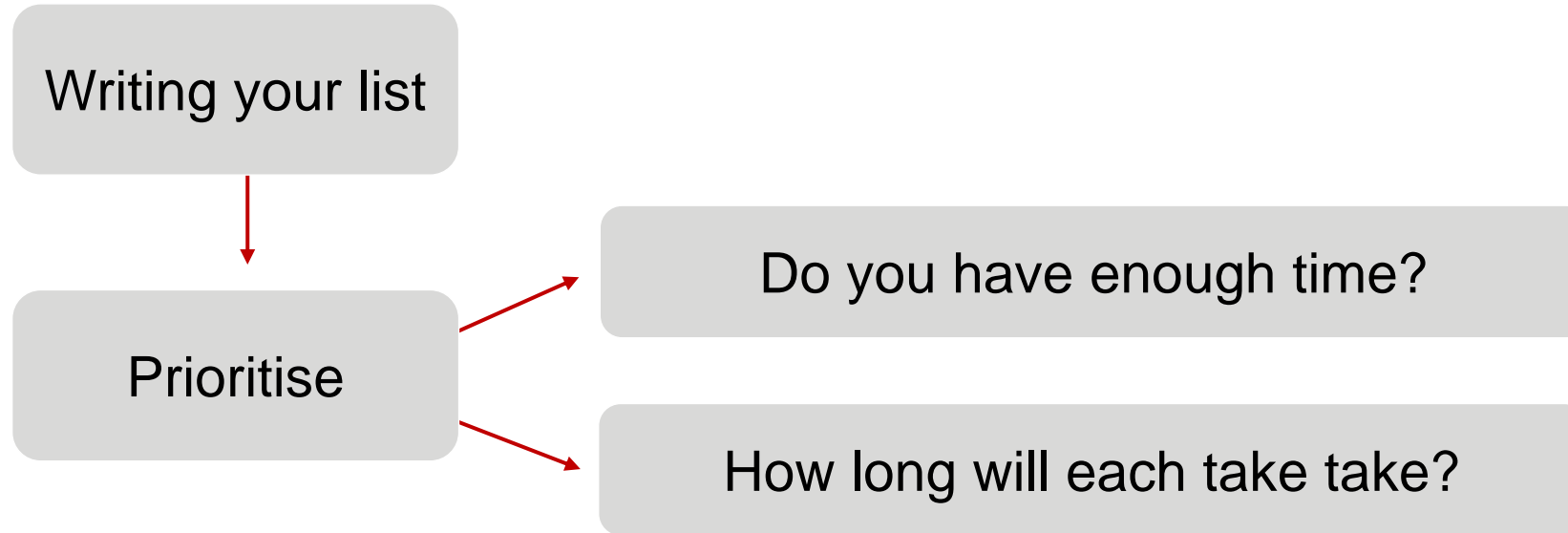
Contents

- Effective time management
- Efficient use of office tools
- Professional competence and life long learning



Effective time management

To-Do Lists



The Urgent/Important Principle

- Urgent/Not urgent
- Important/Not important

Crisis/Emergency
Pressing problems
Deadline driven task

System implementation
Relationship building

Interruptions
Meetings
Reports

Disruptions
Junk mails
Escape activities





Efficient use of office tools

Arrange a meeting

Before getting start, you may consider below elements:

- Date, time and location
- Attendees
- Agenda, meeting purpose
- Supporting papers
- Type of the meeting(for example:virtual, face-to-face)
- Color coding

Organizing meetings effectively

Once the meeting has been booked, you need to take actions at each stage :

Before the meeting

- Agenda in advance
- Backup facilitator
- Practice with technologies

At the beginning of the meeting

- Be early
- Greet each arrival

During the meeting

- Be on time
- Keep pace lively
- Recap

After the meeting

- Brief meeting notes
- Post online webinar
- Follow up

A background image showing a close-up of business professionals in a meeting. Two individuals are seated at a table, looking at documents. One person is holding a pen and appears to be writing or pointing at a document. The scene is brightly lit, suggesting an office environment.

Professional competence and life long learning

Maintaining professional competence



Continuing professional development



Stay relevant and up to date



Advance the body of knowledge and capacity

Personal development plan



A person is seen from behind, standing on a dark mountain peak. They are looking out over a vast landscape of white and grey clouds. The sky above is a mix of blue and orange, suggesting a sunset or sunrise. The overall scene is serene and expansive.

Please study Unit 2 Personal Effectiveness for more details